











Relationships and Sexuality- Good practice

This issue has been highlighted in a number of recent documents relating to the provision of quality care and support for adults with a learning disability.

Source	Location	Content
<p>Driving Up Quality</p> 	<p>Self assessment- Section 2 'The person is supported to have an ordinary and meaningful life'</p>	<ul style="list-style-type: none"> • People are supported to have friends and meaningful relationships
<p>Valuing People Now 2009</p> 	<p>Chapter 3 'Relationships and having a family'</p>	<ul style="list-style-type: none"> • It is important that people with learning disabilities have the chance to have relationships and get married if they want to. • People should receive accessible sex education and information about relationships. • People have the right to become parents and should receive support to be good parents.

<p>Public Health England Learning Disabilities Health Charter for social care providers 2013</p> 	<p>Self assessment tool Section 3/4</p>	<ul style="list-style-type: none"> • We provide ongoing training to staff on basic health and wellbeing issues, as well as the implications of specific conditions. Sex and relationships given as an example of a training issue to be considered under this heading. • We provide accessible information on health and wellbeing
<p>Care Act 2014</p> 	<p>Care and Support Statutory Guidance Chapter 1. Promoting wellbeing</p>	<ul style="list-style-type: none"> • Wellbeing includes: domestic, family and personal relationships, protection from abuse and neglect and participation in education and recreation • All descriptors should be considered of equal importance when considering 'wellbeing' in the round • Steps should be taken to prevent or delay the development of need • Assumes that the individual is best placed to make decisions about their wellbeing

<p>Lancashire Welcome Values</p>  <p>In Lancashire</p>	<p>Lancashire Values training information</p>	<ul style="list-style-type: none"> • Lancashire Values (Welcome Values) are about providers welcoming people’s friends and family • Providers should help people to develop friendships and relationships
<p>REACH</p> 	<p>Reach Standards in Supported Living</p>	<ul style="list-style-type: none"> • I choose who I live with • I choose how I am supported • I choose what happens in my own home • I make friendships and relationships with people on my terms • I am supported to be healthy and safe on my terms
<p>CQC</p> 	<p>Community Adult Social Care Services: Provider Handbook 2014</p>	<ul style="list-style-type: none"> • Staff are supported to receive additional training to meet the specific needs of people they care for • The service makes sure that people have information and explanations that they understand about their healthcare and treatment options and the likely outcomes

		<ul style="list-style-type: none"> • Peoples friends are able to visit without being unnecessarily restricted • People are supported to have as much choice and control as possible • People are encouraged and supported to develop and maintain relationships with people that matter to them and avoid social isolation
<p>Winterbourne View -transforming Care 2012 and Transforming Care Winterbourne View 2 years on January 2015 Department of Health</p> 	<p>Model of Care- Roles and Responsibilities</p>	<p>Service providers have a duty to ensure that:</p> <ul style="list-style-type: none"> • People are safe and protected from harm • Their health and wellbeing are supported • People are supported to make decisions about their daily lives • People are supported to maintain friendships and family links