



Lancashire Learning Disability Partnership Board

Living Well Sub Group 10.30 - 1 County Hall A04

Notes from meeting on 5th May 2016

What

What we talked about

Actions in **bold**

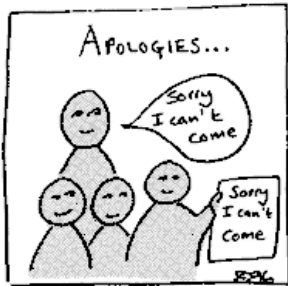
Welcome and introductions

David and Lee chaired the meeting and invited everyone to introduce themselves.



Welcome

Mike Holt – React and SAIL
Amanda Topps – Community Engagement Officer, Lancashire County Council
David Wood – SAIL Co-Chair
Natalie Vranjes – React, Note taker
Lee Scott – SAIL Co-Chair
Daniel Jones – CEO, Ormerod Trust
James Hughes – React
Richard Woods – React
Paul Blythin – Lancashire Sport
Gill Collins – Lancashire Supported Employment Service



Apologies

Ellen Smith, Lancashire County Council
Kath White, Family Carer, Ormerod Trust



Positive and productive meetings

We talked about what positive and productive meetings are.

Ground Rules
– Red/Green cards, roles and responsibilities

We agreed to adopt the Partnership Board Ground Rules for our sub group meeting.



Actions from the last meeting

Members of the group had completed their one page profiles.

Please can members who have not completed their one page profile send them to Amanda.



Agreeing Terms of reference

Under the Terms of Reference we added Care Act 2014 under legislation.

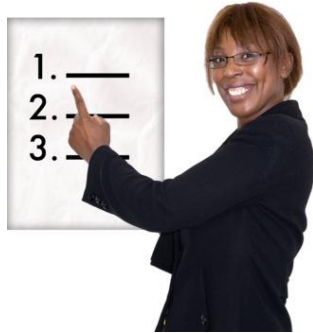
We are happy with the changes to the terms of reference.



What you can bring to the group - One Page Profiles

We went through the one page profiles.

David, Richard, Daniel, James, Amanda and Natalie all read out their profiles.



What we can achieve in the Living well Sub Group

There is one year funding for the buses then the parish councils are expected to decide what they are going to do with the bus services. They will look into if they can fund them themselves. Transport is now a real problem for people reliant on buses. In some areas you cannot go out in the evenings because there is no bus service after five or six o'clock. This particularly affects rural areas.

Community connecting is important. We want providers to help people access their community and meet new people.

Paul said that he may be able to help set up groups. He work with Lee Girvan and Sakthi on the Lancashire Sport Board. The groups can help people stay healthy by doing activities in their community linked to sport.

Ormerod have done rambling, football and multisports groups.

AFG have a Shine Club.

Motiv8 do healthy living sessions.

There is a person centred travel training pack for people with a learning disability, their family carers and supporters. We need to look at this to finish it off.

Blackpool Transport have got Safe Journey cards. These can also work alongside the travel training pack. Part of the pack will also be the Safety in Town card. This will help people to travel independently.

The Learning Disability Self-Assessment Framework.

A new one is getting put together but it has been delayed. We hope to hear by July what information needs to be gathered for 2015-2016. We looked at the reds and ambers. These may be areas we can try and influence change. We are red for employment and Joint Working. Please see attached presentation.

Action:

We need someone from transport as the buses have been cut. Amanda to invite someone from transport to our next meeting in July.



FAR OUT Friends and Relationships Champions in Lancaster and Piccadilly Support Services have worked together to put on an Open Mic evening on the last Friday of the month at the Stonewell Tavern in Lancaster.

Staying up Late needs to be bought back for people to stay out late or stay up late for people with LD to be out and about when doing things.

If we supported a Buddy scheme in Lancashire people will be able to stay out late more and do the social things they want to do.



Group Work

We went into groups and did group work. We talked about:

What do we need to do more of?

What new things do we need to do?

What can we stop doing?

These are the things we came up with:



What we need to do more of:

Healthy Lifestyles – getting the Watching Our Weight programme researched and trialled by the Lancaster Learning Disability Health Team working across Lancashire. This is a cook and eat group. We could also add in some easy exercise. It would be social and fun so people would go and at the same time it would help with managing their weight. We wondered how this could be funded and what is a reasonable cost?

WOW stands for Watching Our Weight. There was a WOW DVD. WOW was funding by NHS now that funding has ended.

Identify what a good service should look like. For example how people want to be supported to do activities in the community.



Transport

Providers to get involved in the FAR OUT Champions across the county to help set up local events and clubs run by people with a learning disability with support from providers and champions.



Agenda for next meeting

Employment

We want to develop how we do it what help we need. Gill told us that there is a new Health and Employment programme which will take over from the Work Choice Programme next year.

Some people are struggling to get paid work.

Gill told us that people in the Employment Support Allowance Support Group can do a higher level of supported permitted work for ever. There is no limit. This is really good news.

The group decided to meet to submit to the government via BASE a survey about apprenticeships. They will meet on Tuesday 10 May at 1pm at Plungington Road Community Centre.

Learning Disability Provider Framework

We want to be involved in the Learning Disability Provider Framework quality scheme to make sure people get quality support. We want this quality framework to deliver better services for people. We want commissioners to make demands on the market for the type of provider they need. Providers who will add value and create opportunities in the community for all.

We have some good examples of this in Lancashire. Daniel said one example is Ormerod have put on a free coach for anyone travelling from Fylde or Wyre to get to the launch event of Meet N Match the friendship and dating agency on 20 May.



Any other business

These items were mentioned in the meeting for reference:

The next North West Living Well group is on Thursday 7 July. Mark S, John Thompson and Stephen H are representing us there.

Action: John did not attend the last meeting. Amanda to find out if someone can support him to attend the next meeting in July.



Date of next meeting

Thursday 28 July 10-1 County Hall, Preston room A07



Actions

- **Please can members who have not completed their one page profile send them to Amanda.**
- **John did not attend the last NW Living Well meeting. Amanda to find out if someone can support him to attend the next meeting in July.**
- **We need someone from transport to visit the group as the buses have been cut. Amanda to invite someone from transport to our next meeting in July.**