



# Lancashire Learning Disability Partnership Board

## Live Well Sub Group 10am - 1pm County Hall A07

Notes 28 July 2016

### What

#### 1 Welcome and introductions



Welcome

Any more one page profiles?

Elaine

Steve

Amy

Ian to ask Mike about his one page profile

Mike?

James has Natalie's

### Who

Group members introduced themselves:

Ian Greenwood, People First, SAIL

Elaine Craddock, Nelson and Colne College

Gill Collins, Employment Support Service

Lancashire County Council

Amanda Topps, Community Engagement Officer,

Lancashire County Council

Natalie Vranjes, Project Worker, REACT

Steve Whelan, County Manager of Day Services,

Lancashire County Council

Paul Blythin, Sport England

Amy Bishop, Preston College

Kath White, Family Carer, Ormerod



Ian Greenwood chaired the meeting and introduced the ground rules and Red and Green cards, roles and responsibilities.

## Apologies – People who could not come

Ellen Smith  
James Hughes  
Stephen Smith  
Daniel Jones  
Lee Scott



### **Notes from the last meeting on 5 May**

We went through the minutes form the last meeting we talked about the buses as it causing a lot of problems for people with LD as they sometimes having to leave early to get the last bus home etc.

Gill told the group that Universal Credit has come in effect in Lancaster. People on Universal Credit will get paid monthly.

There was a Friends and Relationships meeting on 27.7.2016. The group have been thinking about a buddy scheme getting people getting out and about and sharing the costs etc. Safety in the town cards help with this and people feeling confident to use their local towns.

They also are working on getting the healthy living Watching Our Weight (WOW) programme started again which is about healthy eating. Amanda



### 3 Employment

Including report from Task Group meetings

wants the CCG to work to get GPs to prescribe 8-10 weeks on the WOW course. After that people would pay for WOW themselves. We might be able to work with Paul around getting some funding to get some exercise on the programme.

Amanda had done some networking bringing together members who are interested in helping Internships happen in Lancashire.

Gill and Elaine have met to discuss this. Gill has some more meetings to talk about internships.

Internships are where a self-advocate gets a place to work in 3 different work placements with an employer. They get a job coach to help them learn the job.

They learn things about getting and keeping a job in the classroom.

At the end of the year people get a chance to get paid work.

There is a high rate of success sometimes as many as 75% of students get a paid job after their internship. This means it is a very good way of



getting people with learning disabilities into paid work.

Amanda and Gill talked about the work the Employment Task Group had done.

They wrote and sent two papers. One to BASE to contribute to the information sharing and improvements to the offer of apprenticeships for people with learning disabilities.

See paper attached to these notes called: 'Learning Disability and Apprenticeships'.



One went to Disability Rights UK who were helping the government with a Call for Evidence about how to halve the employment gap for people with disabilities.

We wrote about what people with learning disabilities need.

The information has gone to the All Party Parliamentary Group on Disability.



See paper attached to these minutes called: 'Call For Evidence Halve the Employment Gap 5<sup>th</sup> May'.

We also talked about Traineeships. These are an opportunity for employers to try out an individual before they employ them. They can then go on to get an apprenticeship with that employer.

Amy talked about needing to educate and talk to employers to be able to get people on traineeships and apprenticeships.

Amy told the group that there is a forum about disability and employment. Ten different industries share good practice. There are breakfast meetings between 8-9am.

In Colne they hold Jobs Fairs.

There is an NHS England Campaign for the NHS to employ more people with learning disabilities.

The Disability Confident Campaign help business and service owners learn about how to support people with disabilities.





We need to think about what support employers need to be confident to employ people with learning disabilities.

**Action: Gill, Amy and Kath arranged to meet on Monday 1 August at Preston College to see how this could be achieved.**

Ellen and Helen from the Autism Board Employment Sub Group are doing a questionnaire. Can we find out what questions they are asking employers?

**Action: Amanda to ask Ellen and Helen for the questions so our group can find out more**



**4 Themes for Future meetings and Action Plan Including feedback from North West Living Well Group**

The North West Living Well group talked about employment and benefits. They have done a survey about employment and benefits. We will send it to the group once it is ready.

We talked about the main themes for the Self-Advocates Conference in February next year.

Self-Advocates have raised concerns about knowing their rights in changing times, getting confidence, getting good information about benefits, wellbeing and feeling and keeping safe.

The group then discussed what work it needs to do.

Steve talked about some blocks. People knowing what is out there in the community for people to move on to from a day service.

People need an outcome focussed plan so that they are working towards employment. This is so they can develop skills for work or moving on to other things.

We need good quality services for people with PIMD (complex needs) autism and people with behaviour that challenges services.

Finding inclusive opportunities is a challenge.

We need someone from transition on the group.

**Action: To ask Jeanette Hollingdrake for a rep on the group or someone we can connect to for information and questions.**

Day service building need to be used for the community during the weekends and evenings and not just Monday to Friday 9-4.

Elaine said we need to know what others are doing and map what is happening for people with a learning disability across Lancashire.

Sometimes people don't know how to access services and this is a barrier.

We need a directory of what's available in Lancashire. Help Direct used to do this. We need to link information up for people. Can LCC do this?

**Action: Amanda to find out if we can access the information on the Wellbeing Directory.**

**Mapping:**

**Sport and Leisure – Paul**

**Health and Wellbeing – Wellbeing Service**

**SEND – local offer**

**Providers – Meet n Match** are creating a social opportunities directory across Lancashire

Elaine said she has a file with lots of opportunities in.





Ideas can come from places like Community Boards in Tesco's or Sainsbury's.

**CVS, DENW and People First** – community organisations often know what is going on

**Social Enterprises in Lancashire** - Brothers of Charity have many social enterprises like Roccocco, Piccadilly Gardens, Brockholes, Brighter Future Workshops (West Lancashire) Whalley Abbey have Autisan a coffee shop where people with autism can work.

Are there any others?

**Lancashire County Council In House services**  
– Nicola Clear and her service will have lots of information

Friends and Relationships Champions in North have newsletters sharing what's on. There are two one for Lancaster and one for Fylde and Wyre.

We need newsletters for East, Preston, Chorley and South Ribble and West Lancashire.



We talked about how sport gives people confidence and helps them keep healthy and have good mental, physical wellbeing.

Paul talked about a large project bid working with the European Investment Fund. It will look at the pathway to paid work in sport, arts and the environment. It will look at volunteering and employment. Housing Associations are involved. It will have targets for disability. We may be able to get involved in the future.

It looks at how sport can help people get paid work. For example, someone can learn how to become a coach. They can then look for a paid job in sports coaching.

They will be looking for partners who work with people with disabilities.

There could be £4 million across Lancashire. There are 7 themes. There are 3 areas: central, east and coastal.

Lee Girvan works for Lancashire County Council in Public Health and is looking at how to get people active.

There are six providers helping with this project which is linked to Lancashire Disability Sports Forum.



Our main themes for our Action Plan are:

- **Employment – working with employers around internships, traineeships, apprenticeships and employing people with a learning disability**
- **Healthy lifestyles (WOW) and Sport/Getting Active – weight management, healthy cooking and exercise in a fun, friendly, sociable context and linked to Annual Health Checks via GPs and CCG funding**
- **Access for All – reasonable adjustments, accessibility, accessible information, transport and PIMD**
- **Information – what's on in Lancashire, getting information to people we support in an easy read format and on-line**

We each said what we thought was missing for people:

- Opportunities for people with PIMD
- Welcome, reasonable adjustments and accessibility in mainstream activities
- People with lower level support needs and/or no social care support are more vulnerable because they have no help
- Transition SEND Education, Health and Care Plans
- Meaningful daytime activities that are not leisure or paid work
- Families struggling who have no paid support

We said that a lot of the good activities going on happen because of good will, values and community spirit. There are lots of positive things going on.



## 5 Agenda for next meeting

We decided what needs to be on our next agenda.

Mapping our community in Lancashire  
What's On in Lancashire and how we do share relevant information?

**Action for all: Bring local free papers and information about what is on in your local area please.**

**If you cannot attend please email any information to Amanda. Thank you.**

Feedback from Amy and Gill about Employer Engagement

Postpone Transport till the next meeting.

No any other business.



**6 Any other business**



**7 Closing Round**

Everyone in the meeting had a chance to say what went well or not so well about our meeting today.