



Relationships and Sexuality- Good practice

This issue has been highlighted in a number of recent documents relating to the provision of quality care and support for adults with a learning disability.

Source	Location	Content
<p>Driving Up Quality</p> 	<p>Self assessment- Section 2 'The person is supported to have an ordinary and meaningful life'</p>	<ul style="list-style-type: none"> • People are supported to have friends and meaningful relationships
<p>Valuing People Now 2009</p> 	<p>Chapter 3 'Relationships and having a family'</p>	<ul style="list-style-type: none"> • It is important that people with learning disabilities have the chance to have relationships and get married if they want to. • People should receive accessible sex education and information about relationships. • People have the right to become parents and should receive support to be good parents.

<p>Public Health England Learning Disabilities Health Charter for social care providers 2013</p> 	<p>Self assessment tool Section 3/4</p>	<ul style="list-style-type: none"> • We provide ongoing training to staff on basic health and wellbeing issues, as well as the implications of specific conditions. Sex and relationships given as an example of a training issue to be considered under this heading. • We provide accessible information on health and wellbeing
<p>Care Act 2014</p> 	<p>Care and Support Statutory Guidance Chapter 1. Promoting wellbeing</p>	<ul style="list-style-type: none"> • Wellbeing includes: domestic, family and personal relationships, protection from abuse and neglect and participation in education and recreation • All descriptors should be considered of equal importance when considering 'wellbeing' in the round • Steps should be taken to prevent or delay the development of need • Assumes that the individual is best placed to make decisions about their wellbeing

<p>Lancashire Welcome Values</p>  <p>In Lancashire</p>	<p>Lancashire Values training information</p>	<ul style="list-style-type: none"> • Lancashire Values (Welcome Values) are about providers welcoming people’s friends and family • Providers should help people to develop friendships and relationships
<p>REACH</p> 	<p>Reach Standards in Supported Living</p>	<ul style="list-style-type: none"> • I choose who I live with • I choose how I am supported • I choose what happens in my own home • I make friendships and relationships with people on my terms • I am supported to be healthy and safe on my terms
<p>CQC</p> 	<p>Community Adult Social Care Services: Provider Handbook 2014</p>	<ul style="list-style-type: none"> • Staff are supported to receive additional training to meet the specific needs of people they care for • The service makes sure that people have information and explanations that they understand about their healthcare and treatment options and the likely outcomes

		<ul style="list-style-type: none">• Peoples friends are able to visit without being unnecessarily restricted• People are supported to have as much choice and control as possible• People are encouraged and supported to develop and maintain relationships with people that matter to them and avoid social isolation
<p>Winterbourne View -transforming Care 2012 and Transforming Care Winterbourne View 2 years on January 2015 Department of Health</p> 	<p>Model of Care- Roles and Responsibilities</p>	<p>Service providers have a duty to ensure that:</p> <ul style="list-style-type: none">• People are safe and protected from harm• Their health and wellbeing are supported• People are supported to make decisions about their daily lives• People are supported to maintain friendships and family links