



Lancashire Friends and Relationships and Sexual Relationships Meeting

Voice for All Office

Lisieux Hall, Dawson Lane, Chorley,
Lancashire, PR6 7DX



Wednesday 30 November 2- 4.30pm

1. Welcome, introductions and Ground Rules

People introduced themselves and answered the Opening Round Question:

How would you stay safe if you were meeting someone for a date for the first time?

Brian Atkin, Sunnyfield Services
John Whitehead, Voice for All, Brothers of Charity
Julie Madden, Integrate



Pat Afflick, Integrate

Anji Stokes, Under 25 Sexual Health Services

Amanda Topps,

Lee Scott, React

Tania Cockcroft, Central and West Lancashire for Community Sexual Health

Action Amanda to find CEOP video about internet dating and blind dates.

Stay in the town centre where it's light and everyone can see you.

Make sure I didn't drink too much. Keep my wits about me!

Meet in a public space that is busy.

Be prepared and dress sensibly.

Put a local taxi number in your phone and make sure you know where your local taxi rank is.

Check the person out on the internet, on facebook, if you can.

Make sure phone is topped up and fully charged.

Some pubs have a scheme called 'Angela' so if you feel uncomfortable you can go up to the bar staff and tell them.

If I felt uncomfortable with the person I would just leave. If I was asked questions which make me feel uneasy I would leave.

Have a chaperone on a first date.

Meet the person in a public place and let someone know where I am going and what time I will come back.



2. Apologies

Sue Sharples
Stephen Haywood
Becky Gammon
Gillian Smith
Meet n Match
Richard Woods
Mark O'Farrell
Martin Faulkner



3. Update on U-seful training and Conference

The conference was well attended. There were about 100 people there. 5 Different Workshops:

Stephen Smith, Janice and Dave Spencer hosted the event. There were presentations. One was from 'So Safe' which was about a visual tool to help communicate around social safety and relationships.

Dr Katherine Runswick-Cole from Manchester Metropolitan University talked about a survey she had done with people with learning disabilities about sex and relationships.

Linda talked about what she got out of the Y Be Shy training. There were four role plays about real life situations people had experienced. One example was when staff interfered and put barriers in the way. They tried to stop the two people from getting engaged.

There were some information stalls.

There was an icebreaker 'People Bingo'. People could find out something about other people in the room and get to know them.

Table Talk: 3 questions for the group work including how the Y Be Shy Training can carry on.

Tania thought the conference was an amazing day and was really well organised. The people who did the role plays did an amazing job.

Action: Ask Sue to share the presentations with the group.

Tania had a stand with the Lancashire All Age Sexual Health Services Team, Kath Ball.

Tania has invited Kath to join our group.

Lancashire All Age Sexual Health Services have not produced their easy read leaflet yet.

We would like Kath to help us develop a leaflet. The overall service manager is Vicky Buddo.

There was also a competition, people sending in stories about their relationships. Mark O'Farrell and his girlfriend Rebecca won!

The best thing about it was that the self advocates were in charge and ran the day.

Thank you to everyone who made it possible.

Sue said she would like the training to carry on. We need to think about how this will happen.

Anji suggested that we approach LCC Public Health for funding to continue funding for the training. Also we could approach the CCGs in each area.

The cost would be £25 per person per day.

Anji said we could have a price list to share with partners.

Action: Sue and the U-seful Training team to make a list of training options and costs, what is included, etc.

Lee said it would be good for self advocates to run the courses.

NHS would need to register U-seful Training as a provider so they could get paid.

Self advocates could then get paid via U-seful Training.

Self advocates get expenses paid like bus or train travel and lunch.

UCLAN do pay specialist trainers as part of degree courses.

Anji thought that Christine Tetlow and Lee Harrington from public health at LCC need to be contacted about this.

Action: Amanda and Sue could arrange a meeting with Christine and or Lee and some self advocates.

The two final courses of Y Be Shy at Myerscough and Lancaster will finish soon.

Congratulations to the whole Y Be Shy team and trainers!



4. Update on Meet and Match

No one attended from Meet n Match but members fed back about the Winter Ball.

There was a Red Carpet and a Winter Wonderland Photo Booth downstairs. Upstairs there was a disco and singer. There was a bar and cabaret style tables. There was a Raffle. There were fun inflatables like guitars and microphones.

There was a Blind Date where 3 gentlemen answered questions and one lady picked out of the three gentlemen to go on a date to Pizza Hut.

There was a Man Auction and six gentlemen and women paid £1 and could bid with fake money £100.

One observation was that it would be good to use more inclusive language at events to make sure LGBT people are included and get to also meet and dance with a partner.

We talked about Meet n Match planning a LGBT event. Some member thought it would be better for all Meet n Match events to be inclusive of LGBT members and tailor the event to suit all.

There were a lot of people there and people met new friends. People really enjoyed it and have met and gone on dates since.

We think it would be good to have a two course dinner and a choice if possible or a cake after the main course. It also might be good to have more dancing.

Rachel and Chris took photographs.

We think there should be another Ball and Julie wants to wear a ball dress!

It was a really great event. Thank you to Meet n Match and the team of volunteers who supported the event.



5. Sexual Health Services in Lancashire Leaflet

Anji and Tania have been working on the leaflet. They brought the colour leaflet for us to look at. It will be attached to the notes.

Sue presented the leaflet at conference and Tania took lots of feedback about the leaflet. People liked the leaflet and made some suggestions for changes.

Someone thought it would be good to have the Lancashire LGBT contact details included.



6. Group work on the leaflet

We talked to Anji and Tania and said what we thought about the leaflet and made some suggestions for changes.

People liked the pictures and suggestions were made for photo pictures to be used as much as possible. Photo images for these sections were discussed:

Confidential
Contraception
Meeting
Internet
Telephone

Action: Amanda and John to send some ideas for pictures from the photosymbols bank.



7. Agenda for our next meeting

All Adult Sexual Health Services Easy Read Leaflet

Sue to give feedback from the So Safe Training using picture exchange for people who do not use words.

Our Action Plan for 2017.



8. Any other business

Congratulations to Lizzie and David on the birth of Matilda Rose who was born on the day of the Conference! Good timing Matilda! Lizzie and Matilda are both doing well.



9. End of meeting and Date for next Lancashire Friends, Sexual Health and Relationships meeting

Next Meeting:

11 January 2017, 2-4.30pm

At Voice for All office, Lisieux Hall, Dawson Lane, Whittle le Woods, Chorley, PR6 7DX.

